

# Lanesend Primary School - PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YR	<b>Personal, Social and Emotional Development</b>					
	<b>Self-Regulation:</b> My feelings	<b>Building relationships:</b> Special relationships	<b>Managing self:</b> Taking on challenges	<b>Self-regulation:</b> Listening and following instructions	<b>Building relationships:</b> My family and friends	<b>Managing self:</b> My wellbeing
Y1	Introduction: Setting ground rules for RSE & PSHE Citizenship	Family and relationships	Economic wellbeing	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Transition lesson
Y2	Y2 Introduction: Setting ground rules for RSE & PSHE lessons Citizenship	Families and relationships	Economic wellbeing	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Transition lesson
Y3	Introduction: Setting ground rules for RSE & PSHE Citizenship	Family and relationships	Economic wellbeing	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Transition lesson
Y4	Introduction: Setting ground rules for RSE & PSHE Citizenship	Family and relationships	Economic wellbeing	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Transition lesson
Y5	Introduction: Setting ground rules for RSE & PSHE Citizenship	Family and relationships	Economic wellbeing	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Transition lesson
Y6	Introduction: Setting ground rules for RSE & PSHE Citizenship	Family and relationships	Economic wellbeing	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Identity Transition lesson